

Hand disinfection carried out correctly.

Onto dry hands, **at least 3 ml, 30 seconds** in 6 steps:



Palms.



Back of the hand with spread fingers – right and left hand.



Palms with interlaced spread fingers.



Rub interlocked fingers.



Rub thumbs circling – right and left hand.



Rub fingertips circling in the palm – right and left hand.