



HOW & WHEN to perform hand hygiene

- 1 Before touching a patient
- 2 Before a procedure
- 3 After a procedure or body fluid exposure risk
- 4 After touching a patient
- 5 After touching a patient's surroundings

5 Moments for Hand Hygiene



Gloves should be worn when there is a **risk of contamination with blood or bodily fluids** OR where it is indicated by site policy e.g for **transmission-based precautions**.¹

Gloves **do not** replace the need for correct and appropriate hand hygiene.

Gloves **must** be changed between patients.

Do not perform hand hygiene while wearing gloves.

Overuse of PPE e.g incorrect glove use can be as dangerous as not wearing PPE at all.



Avoid prolonged and unnecessary use of gloves as it may cause adverse reactions and skin sensitivity.¹

Hand Hygiene Protects

you & me